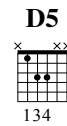
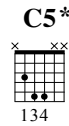
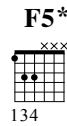
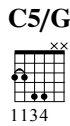
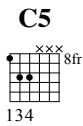
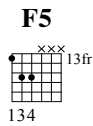
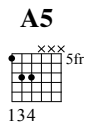
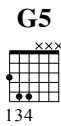


Self Esteem

Words and Music by Dexter Holland



Key of Am

Intro

Moderately

N.C.

1.

G5 A5

F5

C5

G5

A5

Pattern

End Pattern

Gr. 1

4/4 La, la, la, la, la, | la, la, la, la, la. ||

2.

G5 F5* G5 C5/G G5 C5/G G5

P.M. -----

Gr. 1: drop out

A5 N.C.(A5)

Riff

*Gr. 2

1.

(F5*)

(C5*)

(G5)

End riff

(C5*)

(G5)

2.

*Bass arr. for gtr.

Verse

Gr. 2: w/ Intro riff

(A5)

(F5*)

(C5*)

(G5)

(A5)

(F5*)

1. I wrote her off for the tenth time to - day and prac - ticed all the
3. Now I'll re - late this lit - tle bit, it hap - pens more than I'd

(C5)

(G5)

(A5)

(F5*)

(C5*)

(G5)

things I would say. But she came o - ver, I lost my nerve.
like to ad - mit. Late at night, she knocks on my door.

(A5)

(F5*)

(C5*)

G5*

Pre-Chorus

G5 A5

F5*

Gr. 1

P.M. -----

P.M. -----

I took her back and made her des - sert. Now I know
She's drunk a - gain and look - ing to score. Now I know

C5*

G5

A5

F5*

C5*

G5

P.M. -----

P.M. -----

I'm be - in' used. That's o - kay, man, 'cause I like the a - buse.
I should say no, but that's kind of hard when she's read - y to go.

A5 I know she's | play-ing with me. | A5 That's o - kay 'cause I've got
 I may be dumb, but I'm not a dweeb. | I'm just a suck - er with

Chorus

Gr. 1: w/ Intro pattern
 Gr. 2: play root notes

C5* G5 A5 F5* C5 G5 A5 F5 C5
 no self es - teem. } Oh, ||: hey, ah, yeah. | Yeah. | Oh, yeah, |
 no self es - teem. }
 G5 A5 F5 C5 G5 A5 F5 C5
 yeah. | Oh, yeah. | Yeah. | Oh, yeah, |

1.
Verse

Gr. 2: w/ Intro riff
 Gr. 1: drop out

G5 A5 A5 N.C.(A5) (F5*) (C5*) (G5)
 yeah. || 2. We make plans to go out at night.

Gr. 1: w/ Pre-Chorus pattern

(A5) (F5*) (C5*) G5 A5 F5*
 I wait till two, then I turn out the light. This re - jec - tion's

C5* G5 A5 F5* C5* G5
 got me so low. | If she keeps it up, I just might tell her so. Oh, :||

2.
Bridge

D5 Bb5 F5* C5* D5
 ||: When she's say - ing, | ah, that she wants on - ly me.
 When she's say - ing, | oh, that I'm like a dis - ease.
 Well, I guess I should stick up for my - self,

Bb5 F5* C5* *Play 3 times*
 Then I won - der why she | sleeps with my friends. :||
 Then I won - der how much | more I can spend.
 but I real - ly think it's | bet - ter this way.

D5 Bb5 C5* G5 F5*
 Gr. 1 | | | | | P.M. -----
 The more you suf - fer, | the more it shows you real - ly | care.

To Coda ⊕

Interlude

Gr. 2: w/ Intro riff
 Gr. 1: drop out

G5 C5/G G5 C5/G G5 A5 N.C.(A5) (F5*) (C5*) (G5)
 Right? Yeah. || | | |
 Right? Yeah. || | | |

D.S. al Coda
(take 2nd ending)

⊕ **Coda**

(A5) (F5*) (C5*) (G5) A5
 | | | | |